



Get the information you need in your secure member online account.



It's easy to register!

Make the most of your coverage and get instant access to your plan.

1. Go to mytuftshealthplan.com.
2. Click on **Get Started Now!**
3. Enter the requested information to create your new username and password.

Then you can log in to use your secure online account instantly.



VISIT myTUFTSHEALTHPLAN TODAY

Taking an active role in your health care puts you in charge. That's why there's www.mytuftshealthplan.com – your online resource for getting the information you need, when you need it.

PERSONAL HOME PAGE

Enjoy clear navigation

Easy access to common transactions

Print forms, order ID cards, change account preferences, and more

my TUFTS Health Plan

Home My Coverage Take Charge of My Health Find a Doctor Changes & Requests

Welcome, JOHN

Learn how to live healthier.
Visit the Health Centers section today for tip-to-date health information.

View Benefits & Coverage
Find Claims
Check Referrals & Authorizations
Refill a Prescription
Order Member ID Card
Access Form MA 1099-HC

What's New:
What Can I Do in My Online Account?

My Profile
Subscriber JOHN A SAMPLE
ID# 123456789 01
Plan Type HMO

Health Reminders
Are Your Vaccines Up To Date?
Breast Cancer Screening Guidelines
Cervical Cancer Screening Guidelines

Decision Tools
Look up a health topic
Hospital Advisor by WebMDSM
Estimate your treatment cost

Find a Doctor
Search your network for doctors, hospitals and more!

Health and Wellness

Use Your Health Tools
Take your Personal Health Assessment (PHA)
Track your weight, cholesterol and more
Create your personal health record

Find Health Resources
Asthma
Back Pain
Heart Burn
Osteoarthritis
Having a Baby?
Quit Smoking
Find More >>

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Use these health tools to work on your goals

Learn more about health issues relevant to you and your family

Update personal information

my TUFTS Health Plan

Home My Coverage Take Charge of My Health

Overview | What's Covered | Claims | Referrals

My Coverage Overview

Making the Most of My Coverage

Benefits
Understand my coverage

Member Discounts
Save on healthy... fitness clubs, weight acupuncture, massage more!

Vision Care
Extensive provider discounts on laser correction, and contact replacement

Mental Health

my TUFTS Health Plan

Home My Coverage Take Charge of My Health

Take Charge of My Health Overview

Use Your Health Tools

Use Your Health Tools
Take your Personal Health Assessment
Track your weight, cholesterol and more
Create your personal health record

No One Does More To Keep You Healthy

Preventive Medicine
Learn what's recommended and your family.

Having a Baby?
Enroll in Tufts Health Plan... Care and learn how to have pregnancy.

Manage Your Weight
Find discounts and tools to lose weight.

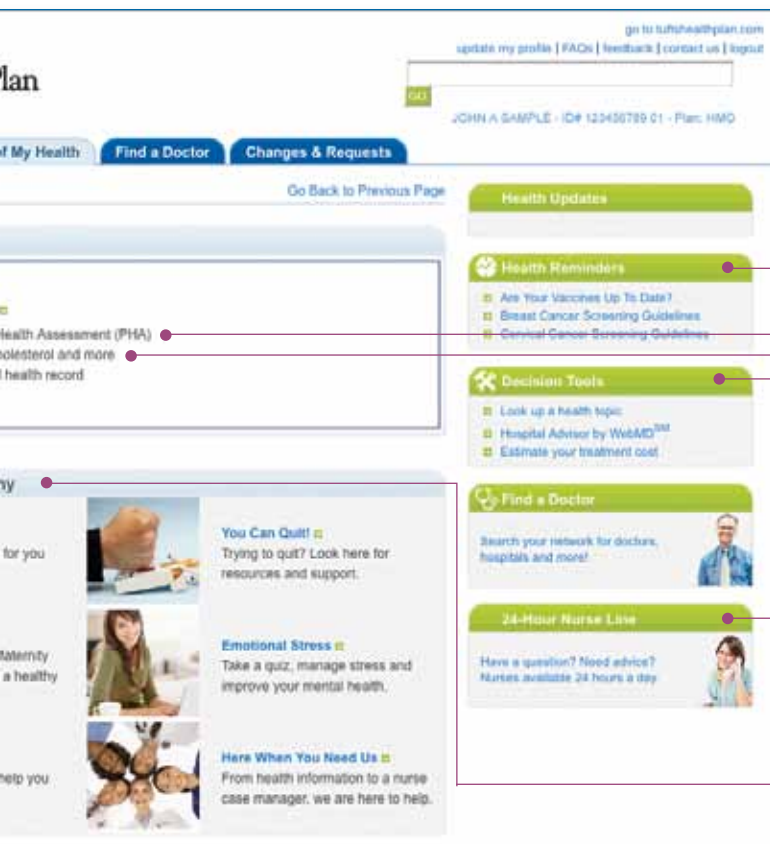
Note: This guide is based on a typical member experience. Actual features may vary based on your plan.

MANAGE YOUR COVERAGE



- View a summary of your plan's coverage and copay amounts
- View your referrals and authorizations (if applicable)
- Check the status of claims and print your Explanation of Benefits (EOB)
- Learn how you can save on products and services including diet, fitness, as well as health and wellness
- Access information about our wide range of health programs
- Find a vision provider and learn about discounts (if applicable)
- Access your pharmacy coverage (if applicable)

TAKE CHARGE OF YOUR HEALTH



- See reminders for important preventive health screenings
- Help improve your health by completing this confidential personal health assessment
- Track your most important health measurements
 - Look up health topics in the Healthwise Knowledgebase
 - Compare costs and quality of hospitals to help you decide where to receive care
 - Calculate average cost information for hundreds of treatments and procedures
- Chat online with or call a nurse for health questions 24 hours a day
- Find resources on health topics that matter to you and your family

FIND A DOCTOR at www.mytuftshealthplan.com

When you are logged in, the name of your plan will appear in this box

If you already know the name of the provider you're looking for, simply enter it here

Choose the text size to make it easier to read

The screenshot shows the 'Find a Doctor' search page. At the top left is the TUFTS Health Plan logo and 'Find a Doctor' text. At the top right are links for 'Contact Us', 'About Us', and 'Member Login'. A navigation menu on the left includes 'PCPs and Specialists', 'Hospitals', 'Mental Health', 'Vision Care', and 'Other Services'. The main search area contains a 'Select a Plan' dropdown menu, a 'Select a provider type' section with radio buttons for 'PCP' and 'Specialist', and a 'Please choose one or both of the following:' section. This section has two input fields: 'Enter last and/or first name or practice name:' and 'Enter location:'. The name field contains 'Enter name (e.g. Smith, Rob)' and the location field contains '1234 Some St. / Boston, MA / 12345'. A 'Within 5 miles' dropdown is below the location field. A 'Search' button is at the bottom right. A 'Quick Name Search' box on the right has a 'Search' button. A photo of medical professionals is also visible. Callout boxes with red lines point to the 'Please Select' dropdown, the 'Specialist' radio button, the name input field, the location input field, and the 'Search' button.

Choose the type of provider you need

Enter the name and/or location of the provider you're looking for

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